September 25, 2015



## CONGRATULATIONS



Three CTC students had their art chosen to be featured in the set of a new movie The Shack. The movie is based on the book *The Shack* by William P. Young. Many student works were submitted and these were picked to be placed on the set in several scenes. The students are Jimmy, Veeral, and Will. The Shack production company paid our student artists for the use of their images. We are so proud and excited that our students had an opportunity to be part of this exciting production. Veeral has generously donated his check to Celebrate the Children. Thank You Veeral.

#### SPECIAL POINTS OF INTEREST:

Students

Transition

•Around Campus

•Upcoming Events

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# SPECIAL NEEDS DOING GOOD DEEDS

A small group of students will be writing a column for the weekly newsletter called "Special Needs Doing Good Deeds" (SNDGDs). They will be highlighting any type of community service being performed by our students either in school or outside of school. This could include bake sales, collection drives, or any type of fundraiser or program which supports causes in our or other communities or in a student's community, such as community service affiliated with Scouting.

Hello, my name is Darren. I am 21 years old. This is my last year at CTC. I like seeing my friends and teachers at school and going to work. Outside of school, my passions are going swimming, going to the beach, cooking, dancing and listening to music. When I graduate from CTC, I want to work on the farm, make artwork, and write stories.

My name is Alec and I am 21 years old. This is my last year at CTC. I like spending time with friends at school. I like that, at CTC, I have a voice that people listen to. Outside of school, I enjoy listening to music, cooking and hanging out. When I leave CTC, I am going to continue to be an advocate for the FC population.

My name is Jenny. I like fantasy, mythology and surfing the internet. I am in the Adult Program and I love to talk to my friends at lunch. Outside of school, I like to do puzzles, watch YouTube and walk the dogs. After I graduate from college, I want to design video games. This newsletter is going to highlight the internships that the Adult Program and the high school students go out into the community to do. Adult Program students also work in jobs at the school. Some examples are Green Vision, automotive work, school store and writing newsletters.

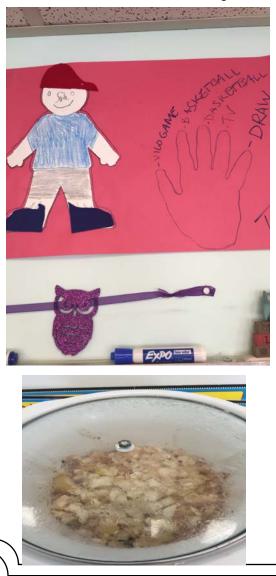
SPOTING

Hello, my name is Gil and I am 18 years old. I am currently in the Adult Program here at CTC . I love to type with friends and hang out with my new friends in the adult building. I also like to make out with my new friends in the adult building. I also like to make artwork with the support of my aide Caltlin, and I enjoy music classes as well. Outside of school, I like to go to karate, horse-back riding and be with my loving family. I am very passionate about my family, culture, and also being an Independent adult. That is something I strive for every day, independence in typing, talking and life skills. When I graduate CTC, I hope to have a strong hold on most of these things. I would love to be an advocate for those like me who use typing to communicate. I will be collaborating on a weekly article with Jenny and we will be focusing on all of the exciting things that are happening in the transition program. There are many different in house jobs and also community work. The In house jobs consist of Green Vision, the school store, automotive work, along with many other things. Some community jobs happen at the Hampton inn and Applebee's and we are always adding to the list of places we work at. Another big thing you will be hearing about in coming months is the great work we are doing with an apartment to help with learning important skills for life. I look forward to keeping the readers informed about transition in high school as well as the Adult Program. Thank you for your patronage.

the Adult Program. Thank you for your patronage

### A PEEK INTO THE CLASSROOM PAULA'S CLASS

Our class has been busy getting to know each other and our routine. We have learned about the history of the Johnny Appleseed legend and learned a silly song to act it out. We used a map of the United States to figure out all the states he traveled through and learned how to use our apple peeler corers and examined the parts of an apple. The class then watched the video of the story "The Giving Tree" and we decided to do our class bulletin board with a giving tree. The students made a 3D apple to put on our tree and also painted coffee filters in fall colors which were later cut into leaves for the tree. Our Giving Tree will change with the seasons and the students will be the ones to change it.





The students have also been learning about continents and oceans and each student made their own globe. We painted a Styrofoam ball blue because there is more water than land on the earth. We then added the continents after practicing with our bodies: north, south, east and west. The students also named the oceans on their globes.

Today in celebration of the fall equinox, we watched a video on how to make applesauce and wrote down the recipe used in the video. Then we made the applesauce following the recipe. The students then had to remember the steps to complete a table top assessment. We are well prepared to go apple picking next week at an orchard.





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#### A PEEK INTO THE CLASSROOM AMY'S CLASSROOM

In Amy's room, students are working on coming up with their own DIR goals. Students had an opportunity to work independently, with their peers, and also with staff members to choose appropriate goals that they want to work on throughout the school year. Students will also be evaluating their goals throughout the school year with the help of staff members. This is helping students to have an increased sense of sense and feeling of success and independence. Students benefit from taking ownership of their own goals and are more successful this way. We are looking forward to seeing student successes throughout the rest of the year!



#### A PEEK INTO THE CLASSROOM LISA'S FC

Welcome back to a new school year!!! The new year is always exciting and full of new faces, staff and students. We are enjoying getting to know everyone.

Our first couple of weeks have focused on supporting the new staff in getting to know their students and showing them the basics of support for their specific students. Everyone has had such a positive, receptive attitude towards our students and their various communication support needs.

A positive attitude, a genuine relationship and the ability to presume competence are the foundations of being able to support someone effectively. I am happy to see that we have all of these qualities in our staff which is making the beginning of the new school year much smoother than any of us could have hoped!!

Many staff members feel overwhelmed at the prospect of supporting something as important as communication. They feel a lack of confidence in their abilities and this is then felt by their student. This also translates into an avoidance of practice. I want to let everyone, students and staff, know that we all are apprehensive when we are presented with something new. The only way to overcome this is to practice, make mistakes and practice some more. The more mistakes we make, the more we learn and the more confident we will become in our abilities!!

So keep practicing, everyone is off to a great start and I look forward to everyone's continued enthusiasm as we move forward this year.









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#### A PEEK INTO THE PROGRAM STUDENT & FAMILY SUPPORT SERVICES

### Finding Ways to Renew: The Art of Self-Care

Taking care of ourselves is often lost in the hustle and bustle of work and family. We find ourselves in a place of managing all our responsibilities and obligations and fading further away from taking care of ourselves. While all these are important, our needs get pushed to the backburner. As the Summer fades away and Fall days pile up, it is our challenge to find ways to renew our spirit and carve out self-care time. The term "self-care" is widely used to refer to activities and practices that are engaged in on a regular basis to maintain and enhance a person's short- term and long-term health and well-being. With that said, it can be a simple meditation before your day starts or a fun excursion tapping into your creative side. Developing a plan for your self-care is essential. There are many layers to the process of self-care ranging from meeting your basic physical needs such as eating healthy, exercise and sleeping well to nurturing your emotional needs that impact your spirit. It is a personal plan that needs to be developed and maintained. As we shift self-care to the front burner, we not only see the positive changes in ourselves but we also see the ripple it has on our world around us!

(Rachael Verdi-Berringer, Joanne Keilty & Michelle Molle-Krowiak, Student & Family Support Services, Celebrate the Children)

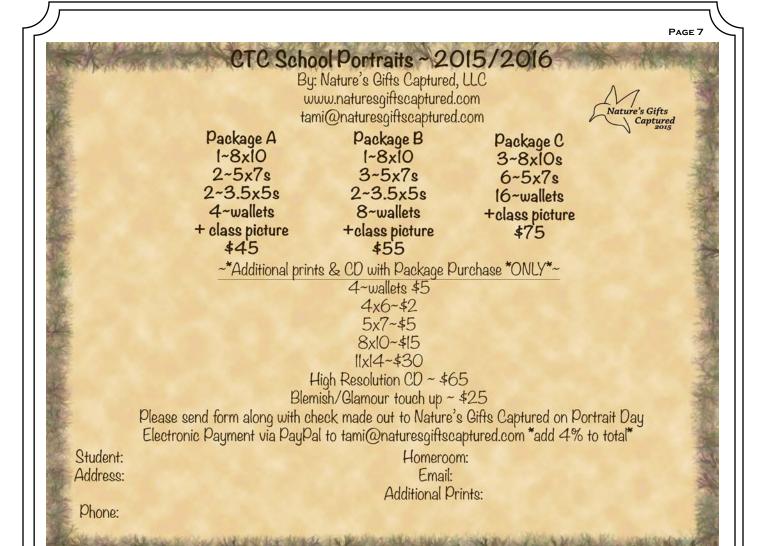


Practicing what we preach. Finding time to support a good cause and relax by tapping into our creative side!!

Be aware of wonder. Live a balanced life - learn some and think some and draw and paint and sing and dance and play and work every day some. - Robert Fulgham

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Monday, October 5	Wednesday, October 7
Michele R's Class	Joe's Class
Nikki's Class	Amy's Class
Jackie D's Class	Lisa's Class
Tiffany's Class	Deb's Class
Paula's Class	Ron's Class
Janean's Class	Jackie G's Class
Lisa F's Class	Karen's Class
Sam's Class	

Order forms will be sent home shortly! Please note, even if your child is not ordering pictures they will be photographed for the yearbook and in their class picture (except for those who have "no photo" permission.) If you marked "no photo" on your child's media permission form they *will not* be included in the yearbook or the class photo. If you would like to change your child's permission to allow them in the yearbook, please call Kristin Polster as soon as possible <u>973-989-4033 Ext. 199</u>!

## **Upcoming Events**

#### Morris County Special Needs Parents' Meeting Thursday, October 1st at 7:00pm At the Morris County Library located at: 30 East Hanover Avenue, Whippany, NJ

There have been so many changes taking place in the Division of Developmental Disabilities system, which will have long-lasting implications for your adult child and their abilities to live in the community in the future. Please come to learn more, and to understand the long-term implications these new rules will have on your adult child. We will have the privilege of having Thomas Papa speak to us about the Fee for Service Model that is being developed and implemented by DDD. Tom Papa is the Chief of Staff for the New Jersey Division of Developmental Disabilities and was one of the key architects of the Fee for Service program and thus has all the answers about how it will be implemented.

Please invite other parents to join our meeting to hear him speak.

Thanks, Maryann Monroe

#### **Morris County Prep Club**

2<sup>nd</sup> Wednesday of each month 6-7 pm RSVP to Caroline McLaughlin <u>cmclaughlin@arcnj.org</u> or call 732-354-9374 October 5th <sup>&</sup> 7th School Pictures See page 7 for schedule and packages For questions, contact Kristen at 973-989-4033 x 199 October 16<sup>th</sup> the CTC Foundation will be hosting their " Screaming Queens" Fundraising event!

September 29<sup>th</sup> Back to School Night 6-7:30 pm

Profectum 5<sup>th</sup> Annual New York Conference Sunday, October 18, 2015 Register now @

https://profectum.org/calendar/5th-annual-new-york-conference/

October 17<sup>th</sup> Autism Walk & Resource Fair Giralda Farms, Madison, NJ 10-2

Celebrate the Children

A School for Children with Alternative Learning Styles

Phone: 973.989.4033 www.celebratethechildren.org

