

# Summer Parent Series: Follow Your Child's Pose



## Yoga – Chi Kung – Meditation And Discussion

Join CTC's Chi Kung/Yoga Teacher, Glenn Ben-Ezra, as he guides you through practices he teaches your children during the school year. This free workshop for DCCF parents will meet for 5 consecutive Thursdays in the Wharton Administration Building Floortime Room.

Thursdays from 10:00-11:30 a.m.  
7/11, 7/18, 7/25, 8/1, 8/8

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Developmental Center for  
Children and Families



Reservations are required- please contact:  
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